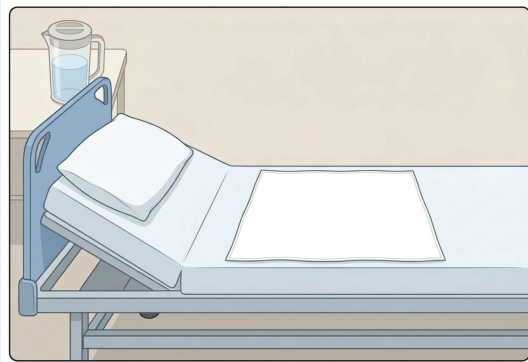
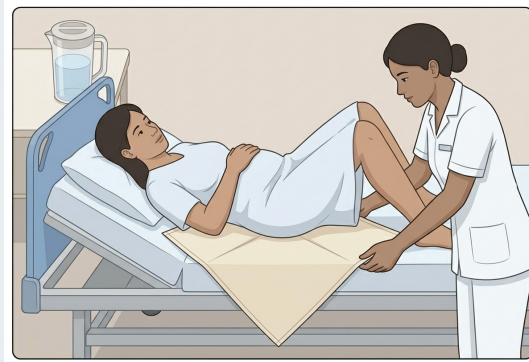


The icddr,b Q-mat for Early Identification of Postpartum Haemorrhage in Low-Resource Settings



Step 1: **Mat placement**



Step 2: **Positioning the mat**



Step 3: **Maintain the privacy and direct contact**



Step 4: **Monitor for 6 hours or until leave the facility**



Step 5: **Use a bedpan to urinate or defecate**



Step 6: **Identify PPH and initiate intervention**



Step 7: **Safe disposal in the red bin**